

WASHINGTON STATE AGGRESSION REPLACEMENT TRAINING

READINESS ASSESSMENT DRAFT

Upon completion please e-mail
this information to:

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WASHINGTON STATE AGGRESSION REPLACEMENT TRAINING QUALITY ASSURANCE

The Washington State Aggression Replacement Training (WSART) system is dedicated to implementing WSART with high model fidelity and competence. Evidence suggests that EBP's depend on model fidelity and competence for successful outcomes (WSIPP 2004). The WSART system incorporates ongoing monitoring of measures of the WSART model implementation with an improvement process that includes ongoing, specific, and timely feedback. All WSART sites in Washington State are expected to adhere to the elements of the Washington State Aggression Replacement Training Quality Assurance and Improvement Plan in order to be considered a certified WSART site.

The WSART QA system uses WSART Consultants to monitor and coach WSART Trainers at implementation sites. The WSART Consultant and the assigned Trainers form a WSART Consultant Team. The Team structure allows the system to cover urban as well as rural parts of the state. It allows the Trainers to benefit from the experiences and expertise of both the Consultant and the other members of the Team.

WSART training is provided by a group of Washington State recognized Master Trainers along with the Washington State ART Quality Assurance Specialist. Trainings are provided throughout the state for court staff, JJ&RA staff and tribal members/staff. All trainings conform to the Washington State ART training design.

New Site Implementation Process

The primary goal of the WSART implementation process is the successful replication of the WSART program as well as to ensure the long-term viability of WSART at sites. The goal is accomplished through a comprehensive training and quality assurance program aimed at developing competent WSART Trainers and supportive service delivery contexts. This readiness assessment is the beginning of the process.

The Readiness Assessment provides a tool for potential sites to think about elements required to implement WSART. Then, in collaboration with the site, we can assess site feasibility, make recommendations, and begin a dialogue about implementation. Following this assessment, written feedback will be provided and a meeting will be set with representatives of the site, to answer questions, identify challenges, and outline next steps. Once everyone is in agreement that the site is ready to proceed, WSART training will be scheduled.

Name and Address of Your Site:

Please identify a principle contact person for your proposed WSART site including:

Name:

Agency/Title:

Address:

Phone:

Fax:

Email:

Please answer the following questions about your site. If you have questions, or need assistance, contact Chris Hayes at chris.hayes@snoco.org or by phone at (425) 388-7897.

Site Implementation questions:

1. How did your agency become interested in implementing WSART?
2. Do you currently provide other EBP's? If so, which one(s)?
3. WSART is an intervention that is conducted with groups of youth . Clients aren't seen on an individual basis by WSART Trainers. Would this be a problem for your agency to implement? If so, why?
4. Who would be providing WSART for your site? Please identify the individuals, agency or agencies that will be implementing WSART.
 - a. Please provide addresses, phone numbers, and each agency's contact persons.
 - b. Please identify organizations and agencies whose support will be necessary for your site to successfully implement WSART (i.e. schools, social service agencies, juvenile courts, etc).
5. How will your WSART program be funded? Do you have a current contract or are you in the process of establishing a contract to provide WSART? If so, with what agency/organization? (Juvenile Court, JJ&RA, Children's Administration, Tribe, Nation, etc)
6. Will you be able to ensure that each WSART Trainer will have a computer and internet access so they can record information for the WSART data base?
7. What is your agencies plan for how it will reach out to recruit youth? WSART is a group based program that meets three times per week for 10 weeks. Is your organization committed to this program being offered to participants in its entirety?

8. Minimum size for a WSART group is 6 youth while the maximum is 12 youth. One group requires two Trainers taking roughly 15 hours per week. Please identify the number of groups and hours per week for each that you anticipate the WSART Trainers devote solely to WSART.

WSART Trainer and Consultant Team Information:

1. What is the background of the staff who will implement WSART?
2. How were your potential Trainers selected to do WSART? Do they have experience working with adolescent youth in groups?
3. What is their experience with specific interventions, evidence based or not?
4. What is their experience working with children and families?
5. WSART Trainers schedules should be flexible enough to meet with youth when they are available. Will your WSART Trainers be available to work after hours?
6. WSART is most effective when implemented by Trainers who are comfortable delivering interventions to youth in groups, open to delivering a highly structured intervention, creative and flexible in delivering services to youth and open and responsive to supervision and feedback. Do your potential WSART Trainers possess these characteristics?
7. Does your agency use standardized assessment procedures (i.e. to screen for trauma, identify targeted clinical conditions, and/or measure client progress)? To what degree?

WSART Training Requirements:

1. Each WSART Trainer is required to attend 3.5 days of initial WSART training (training is offered at different times and locations around Washington state.) Are you or your contractor able to pay the costs associated with training, lodging, and per diem?
2. Each WSART site will be required to attend 4 quarterly Quality Assurance meetings during the year. Will you or your contractor be able to pay the costs associated with lodging and per diem?
3. After the first year if the Trainer has met all the Quality Assurance requirements and has reached the required score for adherence and fidelity, he/she will be certified in WSART. Note: Failure to attend all required QA meetings will result in delay in site certification. Failure to obtain the required score for adherence and fidelity will result in the Trainer being placed on an informal or formal improvement plan.

WSART Adherence Requirements: Y/N

1. Trainers are required to attend monthly one hour group consultation calls. Will providers be given time for this consultation?
2. Trainers must adhere to WSART protocols regularly monitored by their Consultant. These include daily Self-assessment during their first WSART group and Self- assessment daily during weeks 4 and 9 of each following group once the Trainer is certified. Is your agency committed to this level of monitoring and feedback?
3. Trainers must maintain a WSART Trainer rating that meets the statewide standard. This is monitored yearly and feedback is shared with the Trainer and the site. Is your agency committed to supporting Trainer adherence and fidelity?
4. Trainers should begin WSART groups as soon as possible after the initial training. Can your site ensure each Trainer will be given an adequate supply of referrals and the time to conduct a WSART group once the initial WSART training is completed?
5. What other job activities will the WSART Trainers will be doing.
6. WSART Trainers generally work within agencies that provide other interventions. With WSART, a WSART Consultant provides guidance for the site's WSART Trainers via group phone consultation. Can your agency commit to ensuring that WSART Trainers will receive primary guidance in the WSART model from their WSART Consultants?